

# Caregiving Support

April 28<sup>th</sup> 9:30AM  
Alzheimer's Association Spring Conference  
Keynote Speaker  
Holiday Inn, Oneonta

May 14<sup>th</sup> 1:00PM  
George F Johnson Library, Endicott

May 19<sup>th</sup> 6:30PM  
Guernsey Memorial Library, Norwich

Rundy Purdy, author of *The Sea is Wide: A Memoir of Caregiving* is coming to the Southern Tier.

## What People are Saying About The Book:

“It is a must-read for those taking care of loved ones suffering from Alzheimer’s and for those in the medical and nursing profession. I will definitely recommend this book to my patients and nursing students.”

—Louise O’Keefe, PhD, CRNP

“A real insight into the depth, love and reality of a caregiver and a victim of Alzheimer's”

—Debbie Rombach, RN

“[A]n honest look at what daily care looks like through the eyes of a loving care-giver. I laughed, I cried, but most of all, I observed how it is possible to care for a loved one through the very bad days that are inevitable while also being grateful for every respite. [...] I want to thank you for showing me that beyond all the heartache this can be a journey of love and dignity.”

—Cynthia Phillips, Caregiver

“I laughed and cried my way through [...] it echoed things I went through with my mother and her dementia.”

“[T]he book also teaches allowing the victims of Alzheimer's as much dignity and independence as possible at each stage keeps him from being less than the person he is capable of being and even triggers joyful moments.

“Alzheimer's is ultimately a death sentence. Like life, however, it's not the destination that should be the focus, it's the journey—like the journey you recounted in *The Sea is Wide*.”

—Alice Janick, Caregiver

